

Support Groups

Al-A-Teen

(800) 496-1742

Support group for young people whose parents or friends have a drinking problem.

Alzheimer's Caregiver's Group

ST. Joseph's
100 Waters Drive
Southern Pines, NC 28387

(910) 246-3014

Fox Hollow

190 Fox Hollow Road

Pinehurst, NC 28374

(910) 695-0011

Cancer Support Group

155 Memorial Drive
Pinehurst, NC 28374

(910) 715-2298

Cancer support group for survivors and those dealing with the disease.

CODA - Codependence Anonymous

105 Salem Drive
Pinehurst, NC 28374
(910) 692-9869 (910) 315-0365

A twelve step program on codependency.

FirstQuit Support Group

181-C Westgate Drive
West End, NC
(910) 715-1925

Support group for those who have quit smoking or have a desire to quit smoking.

Living with Loss - Moore County

251 Campground Road
Pinehurst, NC 28374
(910) 715-6000

A support group for those who have experienced the death of a loved one.

Narcotics Anonymous

1(800) 457-3019

Support group for men and women who meet regularly to help each other stay clean.

Comprehensive Listing of all NA,AA, Overeaters, Heroin, Marijuana Users

Intherooms.com

Stroke Club

Moore Regional Hospital
Page Road and Hwy 211

Pinehurst, NC

(910) 715-5266

Support group for those who have suffered a stroke.

Vital Connections

251 Campground Road
Pinehurst, NC 28374
(910) 715-6000

Support group for those who have a loved one enrolled in a hospice or palliative care program.



TOLL FREE NUMBERS FOR NATIONAL & NORTH CAROLINA HEALTH INFO

A comprehensive listing of national toll-free numbers for health information is available from the National Health Information Center, which can be found online at www.health.gov/nhic/pubs/2014tollfreenumbers/tollfreenumbers1.htm

Moore County Health Resource List



Emergency Assistance

American Red Cross - Moore County

Provides disaster relief, assistance for military service members, classes in CPR/AED, babysitting, health and safety, pet sitting.

115 E. Pennsylvania Avenue
Southern Pines, NC 28387

(910) 692-8571

<http://www.redcross.org/nc/southern-pines>

Moore County Department of Social Services

Provides emergency financial assistance, food and nutrition services, Medicaid, NC Health Choice and Work First. Adult & child protective services and case management for underserved populations in Moore County

1036 Carriage Oaks Dr.
Carthage, NC

(910) 947-2436

www.moorecountync.gov

Northern Moore Family Resource Center

Provides after school program, summer camp, housing improvement initiatives and Little free library.

125 East Salisbury St.
Robbins, NC 27325

(910) 948-4324

<http://www.nmfrc.com/>

Salvation Army

Provides emergency assistance with utilities, rent, and clothing

575 SE Broad Street, Suite 7
Southern Pines, NC 28387

(910) 725-1054


Sandhills/Moore Coalition for Human Care

Emergency assistance to low income families, food pantry, employment services, clothing assistance, transportation to social services, financial assistance

1500 W. Indiana Avenue
Southern Pines, NC 28387

(910) 693-1600

www.sandhillscoalition.com



Substance Abuse / Mental Health

Bethany House

240 E. Vermont
Southern Pines, NC
(910) 692-0779

A residential program for female substance abusers. Includes AA/NA attendance, group counseling, and assistance in obtaining employment.

Bethesda Inc.

204 North Pine Street
Aberdeen, NC 28315
(910) 944-7700

A halfway house for recovering substance abusers who have recently completed an inpatient treatment program.

Daymark Recovery Services

205 Memorial Drive
Pinehurst, NC 28374
(910) 295-6853
<http://www.daymarkrecovery.org/>

A comprehensive community provider of non-hospital detoxification services, psychiatry services, and facility based crisis services.

Drug Free Moore County

703-B Pinehurst Avenue
Carthage, NC 28327
(910) 947-1902

www.drugfreemc.com

A drug abuse prevention agency that provides educational materials and programs for children and adults.

Elk's Drug Awareness Program

280 Country Club Circle
Southern Pines, NC
(910) 692-7375
(910) 295-4680

The Elk's National Drug Awareness Program provides resource materials on drug and alcohol education free of charge

NAMI of Moore County

PO Box 4823 Pinehurst, NC 28374
(910) 295-1053

Assists with ADHD, anger management, bullying, bipolar, autism, self esteem
And family support

North Carolina Mentor

241 Grant Street
West End, NC 27376
(910) 673-3535 ext. 227
www.thementornetwork.com

Offers diagnostic assessments and comprehensive clinical assessments, outpatient therapy, individual and group support.

PORT Human Services, Adolescent Clinic - Moore Co.

204 North Pine
Aberdeen, NC 28315
(910) 944-2189
www.porthumanservices.org

An intensive residential program for adolescents 13-17 offers a comprehensive plan of treatment, education, and residential placement.

Sandhills Center

1120 Seven Lakes Drive
West End, NC 27376
(910) 673-9111
www.sandhillscenter.org

Sandhills assures that people in need have access to quality mental health, developmental, and substance abuse services.

Sandhills Teen Challenge

444 Farmlife School Road
Carthage, NC 28327
(910) 947-2944

www.sandhillstc.org

A residential faith based recovery program - provides prevention / education to schools and youth groups





Primary Care

Aberdeen

Hope Family Center
210 Magnolia Sq.
Aberdeen, NC 28315
910-944-0779

Dr. Roger Waddell
211 Bonnie Brook Ct.
Aberdeen, NC 28315
910-944-7777

Carthage

Moore County Medicine
304 Saunders St.
Carthage, NC 28327
910-947-3000

Pinehurst

Pinehurst Family Care Center
10 Aviemore Dr.
Pinehurst, NC 28374
910-215-5555

Robbins

Moore Family Practice
301 S. Middleton St.
Robbins, NC 27325
910-948-2059

Robbins Family Practice
300 S. Middleton St.
Robbins, NC 27325
910-948-2911

Southern Pines

Cumberland Medical Associates
630 S. Bennett St
Southern Pines, NC 28387
910-692-4821

Premier Pediatrics
135 Turner St.
Southern Pines, NC 28387
910-246-2229

Sandhills Pediatrics
195 W. Illinois Ave.
Southern Pines, NC 28387
910-692-2444

Sandhills Urgent Care
10935 US Hwy 15-501
Southern Pines, NC. 28387
910-692-5555

Vass

Moore Family Medicine
3349 US 1
Vass, NC 28394
910-245-7678

West End

FirstHealth Family Care Center
1035 Seven Lakes Dr.
West End, NC 27376
910-673-0045



Optometrists

Aberdeen

Eye Care Associates 910-693-1226
Family Eye Care 910-692-2020
Glenn Matheny 910-695-1034

Pinehurst

Spectrum Eye Center 910-692-3937

Robbins

Neil Ward 910-948-3711

Southern Pines

Carolina Eye Assoc. 910-295-2100
Midland Optometric 910-295-3220
WalMart Vision Center 910-695-0861

West End

7 Lakes Eye care 910-673-3937



Food Pantries

Interfaith Food Pantry
110 Knight St
Aberdeen, NC 28315
(910) 944-9307

St Anthony's Food Pantry
175 E Connecticut Avenue
Southern Pines, NC 28387
(910) 692-6613

West End UMC Food Pantry
4015 NC Hwy 73
West End NC 27376
(910) 673-1371

Sandhills - Moore Coalition
for Human Care
1500 W. Indiana Ave
Southern Pine, NC 28387
(910) 693-1600



Information and Referral Services

FirstNavistar

1-877-609-5645
www.firstnavistar.com

FirstNavistar is a web-based database and call center staffed by trained care navigators who connect patients, families, caregivers, health care providers, and the community with community and medical resources in the Sandhills and mid-Carolinas.

United Way 2-1-1

<http://www.nc211.org/>

To access the information and referral line, **Dial 2-1-1 or 1-888-892-1162**

Simply dial 2-1-1 from your home, office or cell phone, any time 24 hours a day, 365 days a year to learn about vital health & human service resources in your community. This call is free, confidential and available in any language.



Health Services

FirstHealth - Moore Regional Hospital

FirstHealth Moore Regional Hospital is a 395-bed facility that offers comprehensive health care and a host of specialty services.

155 Memorial Drive
Pinehurst, NC 28374
(910) 715-1000
www.firsthealth.org

Heather Glen

Offers primary and secondary care. Specializes in internal medicine, gastroenterology and endoscopy.

15 Regional Drive
Pinehurst, NC 28374
(910) 295-5511
<http://www.pinehurstmedical.com/>

Moore County Health Department

Services include: Immunization, maternity, women's health, family planning, communicable disease, case management, WIC nutrition program, and health education.

705 Pinehurst Avenue
Carthage, NC 28327
(910) 947-3300
www.moorecountync.gov/health

Moore Free Care Clinic

Primary, preventative, and specialty care to limited income people living in Moore County who are uninsured and can't afford access to health care.

211 Trimble Plant Road, Suite C
Southern Pines, NC 28387
(910) 246-5333
<http://moorefrecare.org/>

Neese Family Clinic

Specializes in internal medicine.

102 Gossman Drive
Southern Pines, NC 28387
910-246-4140
<http://www.pinehurstmedical.com/>

Outpatient Cancer Center

Specializes in hematology and oncology.

220 Page Road
Pinehurst, NC 28374
910-715-3500
<http://www.pinehurstmedical.com/>

Pinehurst Medical Clinic - East

Specialties include cardiology, endocrinology, memory disorders, and sleep medicine.

205 Page Road
Pinehurst, NC 28374
(910) 295-5511
<http://www.pinehurstmedical.com/>

Pinehurst Medical Clinic - South

Specializes in internal medicine.

1902C N. Sandhills Blvd.
Aberdeen, NC 283
(910) 692-4011
<http://www.pinehurstmedical.com/>

Pinehurst Surgical

A multi-specialty clinic comprised of 9 specialty centers that are housed in a state-of-the-art surgical facility.

5 FirstVillage Drive
Pinehurst, NC 28374
(910) 295-6831
www.pinehurstsurgical.com

Sleep Disorders Center

Specializes in sleep medicine.

245 Page Road
Pinehurst, NC 28374
(910) 235-3320
<http://www.pinehurstmedical.com/>

Audiology (Hearing)

Audiology of the Sandhills

1902 N. Sandhills Blvd., Suite K
Aberdeen, NC 28315
(910) 722-4379
<http://www.sandhillshearing.com/>

Avada Audiology

160 Pinehurst Ave.
Southern Pines, NC 28327
(910) 692-4454
<http://www.avada.com/>

Pinehurst Audiology

5 FirstVillage Drive
Pinehurst, NC 28374
(910) 295-6831
<http://www.pinehurstsurgical.com/specialties/audiology-center>

Dental Providers

ABERDEEN

Bernard Dennison	(910)-692-4450
Christine Gatti	(910) 944-5600
Amanda Grimshaw	(910) 692-4450
David Kuhn	(910) 692-4450
Ritt Kuhn	(910) 692-4450

CARTHAGE

Charles Guizzotti	(910) 947-2411
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PINEHURST

Craig Allison	(910) 295-4343
Shannon Allison	(910) 295-4343
Larry Baucom	(910) 295-1010
Getta Bhat	(910) 215-2583
Susan Buckland	(910) 295-9700
Jim Corcoran	(910) 722-9501
Michael Henry	(910) 692-7965
G.R. Horton	(910) 295-5980
Herbert Hudson	(910) 295-2750
Terry Hulihan	(910) 295-4343
Robert Johnson	(910) 295-8088
Gary Jones	(910) 295-8088
Joseph Lenard	(910) 692-9484
Kamron Monroe	(910) 295-4242
Clement Monroe	(910) 295-4242
James Musselwhite	(910) 722-9501
John Neely	(910) 295-8088
Kenneth Perkins	(910) 215-2583
Fred Ridge	(910) 695-3100
Rick Saunders	(910) 295-3762
Laura Wellener	(910) 295-1010

ROBBINS

Paul James	(910) 948-4655
Darrell Powers	(910) 948-2555

SOUTHERN PINES

John Ceraso	(910) 692-5250
FirstHealth Dental	(910) 692-5111
Richard Gant	(910) 692-6500
Anna Goodwich	(910) 693-1977
H. Barry Leslie	(910) 692-7761
Shannon McGee	(910) 695-4281
Edward Monroe	(910) 695-3334
Amy Moubry	(910) 692-0703
John Oettinger	(910) 692-4051
Christina Powers	(910) 692-5329
William Sulik	(910) 692-4051
Steven VanScoyoc	(910) 692-6270
Thomas Vicars	(910) 695-1300

VASS

Nathan Hifko	(910) 693-8030
E.F. Scammon	(910) 693-8030
Mark Zubick	(910) 693-8030

WEST END

William McKay	(910) 673-0113
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